



# Breakfast Club Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Wholemeal toast with a selection of spreads  Gluten free toast option	Wholemeal toast with a selection of spreads  Gluten free toast option	Wholemeal toast with a selection of spreads  Gluten free toast option	Wholemeal toast with a selection of spreads  Gluten free toast option	Wholemeal toast with a selection of spreads  Gluten free toast option
Selection of cereals/porridge with semi-skimmed milk/ soya milk	Selection of cereals/porridge with semi-skimmed milk/ soya milk	Selection of cereals/porridge with semi-skimmed milk/ soya milk	Selection of cereals/porridge with semi-skimmed milk/ soya milk	Selection of cereals/porridge with semi-skimmed milk/ soya milk
Crumpets	Muffins / malt loaf	Bagels and cream cheese	Scotch pancakes with honey or fruit topping	Beans on toast / fruit loaf
Choice of low fat yoghurts	Choice of low fat yoghurts	Choice of low fat yoghurts	Choice of low fat yoghurts	Choice of low fat yoghurts
Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Fruit kebab making
Milk Water Fruit Juice	Milk Water Fruit Juice	Milk Water Smoothies	Milk Water Fruit Juice	Milk Water Fruit Juice

Please note that all menu items are subject to availability and may vary. Additional dietary requirements and needs to be discussed with the club (see policy)