



Breakfast Menu Spring/Summer Terms



Monday	Tuesday	Wednesday	Thursday	Friday
Wholemeal toast with a selection of spreads Gluten Free toast option	Wholemeal toast with a selection of spreads Gluten Free toast option	Wholemeal toast with a selection of spreads Gluten Free toast option	Wholemeal toast with a selection of spreads Gluten Free toast option	Wholemeal toast with a selection of spreads Gluten Free toast option
Selection of wholegrain cereals with semi-skimmed milk	Selection of wholegrain cereals with semi-skimmed milk	Selection of wholegrain cereals with semi-skimmed milk	Selection of wholegrain cereals with semi-skimmed milk	Selection of wholegrain cereals with semi-skimmed milk
Crumpets Muffins	Beans on toast Crumpets	Muffins Bagels with cream cheese	Fruit kebabs Fruit Loaf	Malt Loaf Bagels
Choice of low fat yoghurts	Choice of low fat yoghurts	Choice of low fat yoghurts	Choice of low fat yoghurts	Choice of low fat yoghurts
Fresh Fruit	Sliced melon	Sliced apple and banana	Sliced oranges	Sliced apples
Fresh Juice Water	Milk Water	Milk Water	Fresh juice Water	Milk Water

Life in all its fullness